Economic & Labor Market Information (ELMI)

We have many Economic and Labor Market Information publications which you may find valuable in your job search. These can be found online at: www.nhes.nh.gov/ELMI.

The Career Resources section of the ELMI website provides a Career Planning Guide, information about Top Career Prospects, and details about Licensed, Certified, and Registered Occupations in New Hampshire.

The website also includes our Economic and Labor Market Information database, NHnetwork.

The NHnetwork application provides information about: average hourly wages for occupations; licensing for certain occupations; employers names and addresses; projections for industries and occupations; educational and career information; and area profiles.

Publications of Interest to Job Seekers

New Hampshire Occupational Employment and Wages Licensed, Certified, and Registered Occupations in NH Career Planning Guide

Projections to the Year 2022

Job Outlook and Locator

NHES Satellite Offices

Colebrook Satellite Office
118 Main Street, Colebrook, NH 03576
Telephone: (603) 237-5859

Exeter Satellite Office
St. Vincent de Paul Community Assistance Center
53 Lincoln Street, Exeter, NH 03833
Telephone: (603) 772-9922

Franklin Satellite Office
Franklin Public Library
310 Central Street (2nd Floor), Franklin, NH 03235
Telephone: (603) 934-2911

Lebanon Satellite Office
Vocational Rehabilitation
85 Mechanic Street, Suite D2-1
Lebanon, NH 03766-1523
Telephone: (603) 543-3111

Plymouth Satellite Office
Whole Village Family Resource Center
248 Highland Street
Plymouth, NH 03264
Telephone: (603) 536-3720
Fax: (603) 536-1175

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NH Employment Security has free services, resources, and tools to help you with the entire job search process!

We are interested in any comments you have for improving our services.

Visit us to find a new job, a better job, or your first job!
NHES Resource Centers

A wide range of services, tools and resources are available for everyone in the NH Employment Security (NHES) Resource Centers, an integral part of the NH WORKS System. Newspapers, books, videos and many other publications are available. You may use work stations to work on your resume or cover letter, research employers or careers and view videos. Please ask the Center Coordinator for assistance with any employment related activity offered.

Employment Opportunities

Job Matching System - Our job match system is available on PCs in the centers. The system matches applicant resume registrations with employer job listings using skills, job requirements or other related data.

Internet Access - Access to other employment related sites on the Internet and to NH Employment Security’s Web Site. We link to many sites for job seekers.

Help Wanted Ads - Ads are located on the newspaper rack in the Center or can be accessed via the Internet.

Career Development & Job Search Assistance

Resume/Cover Letters - Use a PC to access the Job Matching System, designed especially for your ease in resume/cover letter preparation. We also have books and videos available to help you with the preparation of your resumes and cover letters. You can print your resume and make some copies.

Video Library/TV/DVD - A TV, DVD and headset is available to view employment related videos.

Library - Employment related books are available in our library which cover topics from resumes/covers letters, networking, the Internet and career research.

O*NET - Use O*NET for career information, transferable skills assistance, information on colleges and technical schools and financial aid data.

Social Media – Special events like Job Fairs and Recruitment Events are posted on Facebook and Linked-in.

Job & Resource Fairs/Recruitment Events - If you are an employer or resource agency interested in attending, simply fill out the registration form that is attached to the Job Fair you want to attend and submit them through the Job Fair email. There are no fees for registering for the Job Fairs. If you are a job seeker, you do not need to register for the Job Fairs. To stay up-to-date on future Job & Resource Fairs or Special Events visit: http://www.nhes.nh.gov/media/job-fairs/index.htm

Additional Services

♦ Copy machine
♦ Fax
♦ Ask for our Job search workshops schedule
♦ Telephone Stations are available for calls to local employers

Assistive Devices

♦ Television with DVD
♦ Hearing Helper Assistive Listening Device
♦ Ultra TEC TTY machine
♦ ClearView 300 OPTELEC Magnifier
♦ Romeo 25 Braille Printer
♦ Epson Perfection 1660 Photo Scanner
♦ Computer with large print keyboard
♦ Vertical adjusting desk top
♦ Track ball mouse
♦ Speakers with adjustable volume
♦ Headphones with ear covers
♦ Jaws DBT
♦ DBT - Tutorial for Braille Users
♦ Open Book-Reading and Scanning Software
♦ Zoom Text Xtra with magnification, speech program, & document reader

Are you a Veteran?

Veterans and eligible spouses receive access, on a priority of service basis, to the full range of public employment and training services, including job search assistance, workshops, resume assistance, labor market information, career guidance, job referral, and referral to other supportive and training resources. Veterans are given preference in each of our local offices in the referral to job orders. Staff assesses the needs of each veteran and makes it a priority to educate the veterans of New Hampshire on services available through NHES. If you are a Veteran or eligible spouse, please identify yourself as such when inquiring about any NHES programs or services or upon visiting a NH Works office. By doing so, you will be able to take full advantage of this priority.

Re-Employment Services

If you would like one-on-one assistance, ask for an Employment Service Representative. The Employment Service Representative helps with job/career and vocational choice, change, adjustment, direction, and transition.

Return To Work program

Allows unemployed NH residents up to 6 weeks of training (up to 24 hours per week). Eligible claimants may continue receiving their unemployment benefits.

Job Search Workshops

Topics covered include: resume and cover letter writing; the job interview; interviewing skills and techniques; using the Internet as a job search tool; social media; navigating a job fair; networking and exploring other leads in addition to the newspapers; and the entire job search process.

Unemployment Compensation

If you are out of work or your hours have been reduced, it is your right to open a claim and file for Unemployment Compensation Benefits. If you have worked in New Hampshire anytime within the last 18 months, regardless of where you now live, file on-line at https://nhuis.nh.gov/claimant. If you do not have Internet access, please visit your local office to file. If you have not worked in New Hampshire within the last 18 months, please contact the state in which you last worked to file for benefits with that state.

NH WORKS System

What can it do for you?

♦ 211
♦ Fuel Assistance
♦ Food Stamps
♦ College courses
♦ Training

Or if you:

♦ Have a disability
♦ Are a veteran
♦ Are long term unemployed
♦ Are economically disadvantaged
♦ Are an older worker
♦ Are a student/youth
♦ Have other barriers to employment