

New Hampshire Local Area Unemployment Statistics
Not Seasonally Adjusted Estimates by Location of Residence

	June 2024	May 2024	June 2023
New Hampshire			
Labor Force	773,850	765,510	764,330
Employment	755,240	750,380	749,190
Unemployment	18,610	15,130	15,140
Rate	2.4%	2.0%	2.0%
Belknap County			
Labor Force	32,040	30,940	32,020
Employment	31,320	30,380	31,410
Unemployment	720	560	610
Rate	2.2%	1.8%	1.9%
Carroll County			
Labor Force	23,590	22,340	23,690
Employment	23,050	21,900	23,220
Unemployment	540	440	470
Rate	2.3%	2.0%	2.0%
Cheshire County			
Labor Force	39,470	39,240	38,730
Employment	38,480	38,490	37,880
Unemployment	990	750	850
Rate	2.5%	1.9%	2.2%
Coos County			
Labor Force	14,790	14,260	14,370
Employment	14,440	13,940	14,050
Unemployment	350	320	320
Rate	2.4%	2.2%	2.2%
Grafton County			
Labor Force	49,920	48,570	48,290
Employment	48,820	47,770	47,390
Unemployment	1,100	800	900
Rate	2.2%	1.6%	1.9%
Hillsborough County			
Labor Force	242,170	242,090	239,420
Employment	236,020	236,900	234,540
Unemployment	6,150	5,190	4,880
Rate	2.5%	2.1%	2.0%
Merrimack County			
Labor Force	83,690	83,020	82,610
Employment	81,860	81,660	81,140
Unemployment	1,830	1,360	1,470
Rate	2.2%	1.6%	1.8%
Rockingham County			
Labor Force	190,940	189,340	189,760
Employment	186,330	185,340	185,950
Unemployment	4,610	4,000	3,810
Rate	2.4%	2.1%	2.0%

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	June 2024	May 2024	June 2023
Strafford County			
Labor Force	73,970	72,740	72,430
Employment	72,160	71,390	71,000
Unemployment	1,810	1,350	1,430
Rate	2.4%	1.9%	2.0%
Sullivan County			
Labor Force	23,260	22,960	23,000
Employment	22,750	22,590	22,610
Unemployment	510	370	390
Rate	2.2%	1.6%	1.7%
Belmont NH LMA			
Labor Force	11,250	11,000	11,220
Employment	11,000	10,800	11,020
Unemployment	250	200	200
Rate	2.2%	1.8%	1.8%
Berlin NH MicroNECTA			
Labor Force	6,420	6,180	6,210
Employment	6,250	6,040	6,060
Unemployment	170	140	150
Rate	2.6%	2.3%	2.4%
Charlestown NH LMA			
Labor Force	7,070	6,970	7,030
Employment	6,910	6,860	6,900
Unemployment	160	110	130
Rate	2.2%	1.6%	1.8%
Claremont, NH Micropolitan NECTA			
Labor Force	7,440	7,340	7,360
Employment	7,270	7,210	7,230
Unemployment	170	130	130
Rate	2.2%	1.7%	1.8%
Colebrook NH-VT LMA, NH Portion			
Labor Force	2,440	2,400	2,430
Employment	2,380	2,320	2,370
Unemployment	60	80	60
Rate	2.6%	3.5%	2.6%
Colebrook NH-VT LMA (NH & VT)			
Labor Force	3,030	2,970	3,020
Employment	2,950	2,870	2,950
Unemployment	80	100	70
Rate	2.7%	3.4%	2.4%
Concord NH MicroNECTA			
Labor Force	47,830	47,500	47,310
Employment	46,800	46,730	46,500
Unemployment	1,030	770	810
Rate	2.2%	1.6%	1.7%

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	June 2024	May 2024	June 2023
Conway NH-ME LMA, NH Portion			
Labor Force	11,910	11,210	12,000
Employment	11,650	11,000	11,770
Unemployment	260	210	230
Rate	2.2%	1.8%	1.9%
Conway NH-ME LMA (NH & ME)			
Labor Force	16,020	15,040	16,010
Employment	15,660	14,730	15,680
Unemployment	360	310	330
Rate	2.2%	2.1%	2.1%
Dover-Durham NH-ME MetroNECTA, NH Portion			
Labor Force	73,970	72,740	72,430
Employment	72,160	71,390	71,000
Unemployment	1,810	1,350	1,430
Rate	2.4%	1.9%	2.0%
Dover-Durham NH-ME MetroNECTA (NH & ME)			
Labor Force	85,840	84,320	83,870
Employment	83,750	82,690	82,190
Unemployment	2,090	1,630	1,680
Rate	2.4%	1.9%	2.0%
Expanded Claremont, NH estimating area (previously known as the Claremont-Newport NH LMA)			
Labor Force	13,950	13,780	13,820
Employment	13,650	13,550	13,580
Unemployment	300	230	240
Rate	2.2%	1.7%	1.8%
Franklin NH LMA			
Labor Force	10,750	10,650	10,610
Employment	10,510	10,470	10,410
Unemployment	240	180	200
Rate	2.2%	1.6%	1.9%
Haverhill NH LMA			
Labor Force	3,320	3,300	3,300
Employment	3,240	3,240	3,230
Unemployment	80	60	70
Rate	2.3%	1.7%	2.0%
Hillsborough NH LMA			
Labor Force	8,350	8,340	8,050
Employment	8,160	8,200	7,890
Unemployment	190	140	160
Rate	2.2%	1.7%	2.0%
Hinsdale Town, NH Portion, Brattleboro VT-NH LMA			
Labor Force	1,960	1,950	1,980
Employment	1,900	1,900	1,930
Unemployment	60	50	50
Rate	2.8%	2.4%	2.5%

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	June 2024	May 2024	June 2023
Keene NH MicroNECTA			
Labor Force	24,850	24,770	24,590
Employment	24,210	24,300	24,060
Unemployment	640	470	530
Rate	2.6%	1.9%	2.2%
Laconia NH MicroNECTA			
Labor Force	11,810	11,370	11,840
Employment	11,540	11,160	11,590
Unemployment	270	210	250
Rate	2.3%	1.8%	2.1%
Lebanon NH-VT MicroNECTA, NH Portion			
Labor Force	25,140	24,900	24,790
Employment	24,570	24,510	24,330
Unemployment	570	390	460
Rate	2.3%	1.6%	1.9%
Lebanon NH-VT MicroNECTA (NH & VT)			
Labor Force	46,210	45,600	45,630
Employment	45,280	44,860	44,840
Unemployment	930	740	790
Rate	2.0%	1.6%	1.7%
Littleton NH-VT LMA, NH Portion			
Labor Force	13,560	13,010	13,080
Employment	13,290	12,800	12,850
Unemployment	270	210	230
Rate	2.0%	1.6%	1.7%
Littleton NH-VT LMA (NH & VT)			
Labor Force	14,460	13,880	13,950
Employment	14,170	13,640	13,710
Unemployment	290	240	240
Rate	2.0%	1.7%	1.7%
Manchester NH MetroNECTA			
Labor Force	121,780	121,990	120,350
Employment	118,870	119,580	118,080
Unemployment	2,910	2,410	2,270
Rate	2.4%	2.0%	1.9%
Meredith NH LMA			
Labor Force	7,780	7,260	7,820
Employment	7,610	7,120	7,680
Unemployment	170	140	140
Rate	2.2%	2.0%	1.8%
Nashua NH-MA NECTA Division, NH Portion			
Labor Force	167,610	167,520	166,520
Employment	163,190	163,740	163,040
Unemployment	4,420	3,780	3,480
Rate	2.6%	2.3%	2.1%

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	June 2024	May 2024	June 2023
Nashua NH-MA NECTA Division (NH & MA)			
Labor Force	176,800	176,570	175,380
Employment	172,060	172,500	171,660
Unemployment	4,740	4,070	3,720
Rate	2.7%	2.3%	2.1%
New London NH LMA			
Labor Force	8,590	8,280	8,390
Employment	8,390	8,140	8,220
Unemployment	200	140	170
Rate	2.3%	1.7%	2.0%
Newport, NH LMA			
Labor Force	6,520	6,440	6,460
Employment	6,380	6,340	6,350
Unemployment	140	100	110
Rate	2.1%	1.6%	1.7%
Pelham Town, NH Portion, Lowell-Billerica-Chelmsford MA-NH NECTA Division			
Labor Force	8,300	8,250	8,290
Employment	8,040	8,010	8,060
Unemployment	260	240	230
Rate	3.1%	2.9%	2.7%
Peterborough NH LMA			
Labor Force	20,320	20,090	19,180
Employment	19,840	19,710	18,770
Unemployment	480	380	410
Rate	2.4%	1.9%	2.1%
Plymouth NH LMA			
Labor Force	18,250	17,430	17,210
Employment	17,860	17,140	16,880
Unemployment	390	290	330
Rate	2.2%	1.7%	1.9%
Portsmouth NH-ME MetroNECTA, NH Portion			
Labor Force	62,320	61,370	61,740
Employment	61,020	60,280	60,650
Unemployment	1,300	1,090	1,090
Rate	2.1%	1.8%	1.8%
Portsmouth NH-ME MetroNECTA (NH & ME)			
Labor Force	80,690	79,220	79,610
Employment	79,010	77,760	78,180
Unemployment	1,680	1,460	1,430
Rate	2.1%	1.8%	1.8%
Raymond NH LMA			
Labor Force	15,450	15,400	15,220
Employment	15,130	15,140	14,950
Unemployment	320	260	270
Rate	2.1%	1.7%	1.8%

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	June 2024	May 2024	June 2023
Salem Town, NH Portion, Lawrence-Methuen-Salem MA-NH NECTA Division			
Labor Force	19,110	18,930	19,110
Employment	18,560	18,440	18,640
Unemployment	550	490	470
Rate	2.9%	2.6%	2.5%
Seabrook-Hampstead Area, NH Portion, Haverhill-Newburyport-Amesbury MA-NH NECTA Division			
Labor Force	40,450	40,030	40,480
Employment	39,400	39,080	39,580
Unemployment	1,050	950	900
Rate	2.6%	2.4%	2.2%
Wolfeboro NH LMA			
Labor Force	9,340	8,950	9,330
Employment	9,110	8,760	9,130
Unemployment	230	190	200
Rate	2.5%	2.1%	2.1%
Amherst Town			
Labor Force	6,340	6,340	6,310
Employment	6,190	6,210	6,190
Unemployment	150	130	120
Rate	2.3%	2.0%	1.9%
Atkinson Town			
Labor Force	4,170	4,110	4,150
Employment	4,040	4,000	4,060
Unemployment	130	110	90
Rate	3.0%	2.7%	2.1%
Barrington Town			
Labor Force	5,360	5,270	5,250
Employment	5,250	5,190	5,160
Unemployment	110	80	90
Rate	2.0%	1.6%	1.8%
Bedford Town			
Labor Force	12,360	12,370	12,240
Employment	12,080	12,150	12,000
Unemployment	280	220	240
Rate	2.2%	1.8%	1.9%
Belmont Town			
Labor Force	3,620	3,540	3,610
Employment	3,530	3,470	3,540
Unemployment	90	70	70
Rate	2.4%	1.9%	1.9%
Berlin City			
Labor Force	3,820	3,670	3,710
Employment	3,720	3,590	3,610
Unemployment	100	80	100
Rate	2.6%	2.2%	2.6%

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	June 2024	May 2024	June 2023
Bow Town			
Labor Force	4,540	4,510	4,490
Employment	4,440	4,430	4,410
Unemployment	100	80	80
Rate	2.2%	1.7%	1.8%
Charlestown Town			
Labor Force	2,830	2,780	2,800
Employment	2,760	2,730	2,750
Unemployment	70	50	50
Rate	2.5%	1.8%	1.7%
Claremont City			
Labor Force	6,540	6,450	6,480
Employment	6,390	6,340	6,360
Unemployment	150	110	120
Rate	2.3%	1.7%	1.9%
Colebrook Town			
Labor Force	1,110	1,080	1,100
Employment	1,080	1,050	1,070
Unemployment	30	30	30
Rate	2.5%	2.5%	2.4%
Concord City			
Labor Force	22,870	22,710	22,630
Employment	22,360	22,330	22,220
Unemployment	510	380	410
Rate	2.2%	1.7%	1.8%
Conway Town			
Labor Force	5,200	4,890	5,240
Employment	5,090	4,810	5,140
Unemployment	110	80	100
Rate	2.2%	1.7%	1.9%
Derry Town			
Labor Force	20,250	20,240	20,080
Employment	19,670	19,730	19,650
Unemployment	580	510	430
Rate	2.8%	2.5%	2.2%
Dover City			
Labor Force	18,700	18,430	18,360
Employment	18,330	18,130	18,040
Unemployment	370	300	320
Rate	2.0%	1.6%	1.8%
Durham Town			
Labor Force	9,140	8,890	8,910
Employment	8,780	8,690	8,640
Unemployment	360	200	270
Rate	4.0%	2.3%	3.0%

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	June 2024	May 2024	June 2023
Epping Town			
Labor Force	4,420	4,350	4,400
Employment	4,340	4,280	4,310
Unemployment	80	70	90
Rate	1.8%	1.7%	1.9%
Exeter Town			
Labor Force	9,140	9,010	9,050
Employment	8,930	8,820	8,880
Unemployment	210	190	170
Rate	2.2%	2.1%	1.9%
Farmington Town			
Labor Force	3,650	3,580	3,550
Employment	3,540	3,500	3,480
Unemployment	110	80	70
Rate	2.9%	2.3%	2.0%
Franklin City			
Labor Force	4,080	4,040	4,030
Employment	3,990	3,970	3,950
Unemployment	90	70	80
Rate	2.2%	1.7%	2.0%
Gilford Town			
Labor Force	3,780	3,630	3,790
Employment	3,700	3,570	3,710
Unemployment	80	60	80
Rate	2.2%	1.7%	2.0%
Goffstown Town			
Labor Force	10,720	10,750	10,590
Employment	10,460	10,530	10,400
Unemployment	260	220	190
Rate	2.5%	2.1%	1.8%
Hampstead Town			
Labor Force	5,120	5,060	5,120
Employment	4,990	4,950	5,010
Unemployment	130	110	110
Rate	2.5%	2.2%	2.1%
Hampton Town			
Labor Force	9,670	9,520	9,550
Employment	9,440	9,320	9,380
Unemployment	230	200	170
Rate	2.4%	2.1%	1.8%
Hanover Town			
Labor Force	4,970	4,880	4,890
Employment	4,800	4,780	4,750
Unemployment	170	100	140
Rate	3.5%	2.0%	2.9%

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	June 2024	May 2024	June 2023
Haverhill Town			
Labor Force	2,260	2,250	2,260
Employment	2,210	2,210	2,210
Unemployment	50	40	50
Rate	2.4%	1.9%	2.0%
Hillsborough Town			
Labor Force	2,960	2,960	2,860
Employment	2,890	2,910	2,800
Unemployment	70	50	60
Rate	2.2%	1.6%	2.0%
Hollis Town			
Labor Force	4,350	4,340	4,320
Employment	4,240	4,250	4,230
Unemployment	110	90	90
Rate	2.5%	2.0%	2.1%
Hooksett Town			
Labor Force	9,270	9,270	9,170
Employment	9,070	9,120	9,010
Unemployment	200	150	160
Rate	2.2%	1.6%	1.8%
Hudson Town			
Labor Force	15,110	15,100	14,990
Employment	14,670	14,720	14,660
Unemployment	440	380	330
Rate	2.9%	2.5%	2.2%
Keene City			
Labor Force	10,960	10,900	10,830
Employment	10,640	10,680	10,570
Unemployment	320	220	260
Rate	2.9%	2.0%	2.4%
Kingston Town			
Labor Force	3,810	3,770	3,810
Employment	3,730	3,700	3,740
Unemployment	80	70	70
Rate	2.1%	1.8%	1.7%
Laconia City			
Labor Force	8,040	7,740	8,050
Employment	7,850	7,590	7,880
Unemployment	190	150	170
Rate	2.4%	1.9%	2.1%
Lebanon City			
Labor Force	7,630	7,580	7,540
Employment	7,490	7,470	7,420
Unemployment	140	110	120
Rate	1.9%	1.4%	1.5%

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	June 2024	May 2024	June 2023
Litchfield Town			
Labor Force	4,800	4,800	4,760
Employment	4,670	4,690	4,670
Unemployment	130	110	90
Rate	2.7%	2.3%	1.8%
Littleton Town			
Labor Force	3,360	3,220	3,240
Employment	3,290	3,170	3,180
Unemployment	70	50	60
Rate	2.0%	1.6%	1.7%
Londonderry Town			
Labor Force	16,100	16,100	15,990
Employment	15,680	15,740	15,670
Unemployment	420	360	320
Rate	2.6%	2.2%	2.0%
Manchester City			
Labor Force	64,740	64,870	63,930
Employment	63,070	63,450	62,650
Unemployment	1,670	1,420	1,280
Rate	2.6%	2.2%	2.0%
Meredith Town			
Labor Force	3,320	3,090	3,330
Employment	3,240	3,030	3,270
Unemployment	80	60	60
Rate	2.3%	2.1%	1.7%
Merrimack Town			
Labor Force	17,050	17,050	16,990
Employment	16,670	16,730	16,650
Unemployment	380	320	340
Rate	2.2%	1.9%	2.0%
Milford Town			
Labor Force	9,790	9,780	9,740
Employment	9,580	9,610	9,570
Unemployment	210	170	170
Rate	2.1%	1.7%	1.7%
Nashua City			
Labor Force	50,580	50,540	50,240
Employment	49,140	49,300	49,090
Unemployment	1,440	1,240	1,150
Rate	2.9%	2.5%	2.3%
New London Town			
Labor Force	1,780	1,710	1,740
Employment	1,720	1,670	1,690
Unemployment	60	40	50
Rate	3.5%	2.1%	3.0%

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Newmarket Town			
Labor Force	6,050	5,960	5,990
Employment	5,940	5,870	5,900
Unemployment	110	90	90
Rate	1.9%	1.5%	1.6%
Newport Town			
Labor Force	3,670	3,630	3,640
Employment	3,590	3,570	3,580
Unemployment	80	60	60
Rate	2.1%	1.6%	1.7%
Pelham Town			
Labor Force	8,300	8,250	8,290
Employment	8,040	8,010	8,060
Unemployment	260	240	230
Rate	3.1%	2.9%	2.7%
Pembroke Town			
Labor Force	4,460	4,470	4,420
Employment	4,370	4,390	4,340
Unemployment	90	80	80
Rate	2.1%	1.7%	1.8%
Peterborough Town			
Labor Force	4,080	4,030	3,850
Employment	4,000	3,970	3,780
Unemployment	80	60	70
Rate	1.9%	1.5%	1.7%
Plaistow Town			
Labor Force	4,290	4,250	4,290
Employment	4,140	4,110	4,160
Unemployment	150	140	130
Rate	3.4%	3.3%	3.0%
Plymouth Town			
Labor Force	3,880	3,670	3,640
Employment	3,750	3,590	3,540
Unemployment	130	80	100
Rate	3.3%	2.2%	2.7%
Portsmouth City			
Labor Force	14,400	14,170	14,270
Employment	14,100	13,930	14,010
Unemployment	300	240	260
Rate	2.1%	1.7%	1.8%
Raymond Town			
Labor Force	6,490	6,450	6,380
Employment	6,330	6,330	6,250
Unemployment	160	120	130
Rate	2.4%	1.8%	2.0%

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	June 2024	May 2024	June 2023
Rochester City			
Labor Force	17,790	17,520	17,440
Employment	17,380	17,200	17,110
Unemployment	410	320	330
Rate	2.3%	1.8%	1.9%
Salem Town			
Labor Force	19,110	18,930	19,110
Employment	18,560	18,440	18,640
Unemployment	550	490	470
Rate	2.9%	2.6%	2.5%
Sandown Town			
Labor Force	4,340	4,300	4,340
Employment	4,230	4,190	4,250
Unemployment	110	110	90
Rate	2.5%	2.6%	2.1%
Seabrook Town			
Labor Force	5,090	5,040	5,100
Employment	4,950	4,910	4,970
Unemployment	140	130	130
Rate	2.8%	2.5%	2.5%
Somersworth City			
Labor Force	6,860	6,770	6,720
Employment	6,690	6,620	6,590
Unemployment	170	150	130
Rate	2.5%	2.2%	1.9%
Stratham Town			
Labor Force	4,810	4,740	4,760
Employment	4,710	4,660	4,680
Unemployment	100	80	80
Rate	2.1%	1.7%	1.6%
Swansey Town			
Labor Force	3,830	3,850	3,800
Employment	3,750	3,770	3,730
Unemployment	80	80	70
Rate	2.2%	2.1%	1.8%
Weare Town			
Labor Force	5,980	5,990	5,930
Employment	5,870	5,910	5,830
Unemployment	110	80	100
Rate	1.9%	1.3%	1.6%
Windham Town			
Labor Force	8,100	8,090	8,060
Employment	7,890	7,910	7,880
Unemployment	210	180	180
Rate	2.6%	2.2%	2.2%

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	June 2024	May 2024	June 2023
Wolfeboro Town			
Labor Force	2,940	2,820	2,940
Employment	2,870	2,760	2,880
Unemployment	70	60	60
Rate	2.3%	2.1%	2.1%

US and New England States Unemployment Rates			
	June 2024	May 2024	June 2023
UNITED STATES	4.3%	3.7%	3.8%
New England	3.4%	3.5%	3.2%
Connecticut	2.8%	4.1%	3.7%
Maine	2.6%	2.7%	2.5%
Massachusetts	4.0%	3.8%	3.5%
New Hampshire	2.4%	2.0%	2.0%
Rhode Island	4.3%	4.4%	2.5%
Vermont	2.1%	2.0%	2.0%

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