

# Recreational Therapist

Recreational Therapists provide a treatment service designed to restore, remediate, and rehabilitate a person's functioning and independence in life activities, promote health and wellness as well as reduce or eliminate the activity limitations and restrictions to participation in life situations caused by an illness or disabling condition.

## Legislation

Statutes: NH RSA 326-J and 328-F  
Administrative Rules: Chapters Ahp 100-300 and Rec 100-500

## Licensure Requirements

- Must be at least 18 years of age
- Be of good moral character
- Successfully complete an academic program with a baccalaureate degree or higher from an accredited college or university with a major in therapeutic recreation or a major in recreation or leisure with an option in therapeutic recreation
- Successfully complete a field experience as defined by the National Council for Therapeutic Recreation Certification (NCTRC) under the supervision of a Certified Therapeutic Recreation Specialist (CTRS) approved by the educational institution where the applicant has met academic requirements
- Successfully pass an examination administered by the NCTRC
- The board may issue a license to recreational therapists who were certified by the NCTRC prior to July 1, 2007, and who hold an active CTRS credential
- Military experience shall not be considered when determining whether an applicant meets the educational requirements for licensure.
- Must complete a criminal background check

## Examination

Written national certification exam required

## Continuing Education

Completion of 30 hours of professional education is required biennially for license renewal

## Reciprocity

Not permitted

## Active Licenses

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## Regulatory Agency

**New Hampshire Recreational Therapy Governing Board**  
Office of Professional Licensure and Certification  
7 Eagle Square  
Concord, New Hampshire 03301

*phone* (603) 271-2152  
*fax* (603) 271-6702  
*web* <<https://www.oplc.nh.gov/recreational-therapy-governing-board>>  
*contact* Board Administrator  
*e-mail* customersupport@oplc.nh.gov

## Fees

|                                 |           |
|---------------------------------|-----------|
| Application . . . . .           | \$60.00   |
| Initial licensure fee . . . . . | .\$110.00 |
| Biennial renewal . . . . .      | .\$110.00 |
| License reinstatement . . . . . | .\$220.00 |

*Licenses expire on December 31st of each even-numbered year*

## O\*Net Codes

29-1125.00 Recreational Therapists

## Additional Information Sources

National Council for Therapeutic Recreation Certification  
<[www.nctrc.org](http://www.nctrc.org)>

## Related Training

Therapeutic Recreation/Recreational Therapy