## Pastoral Psychotherapist

Pastoral Psychotherapists are clergy persons with graduate training enabling them to provide psychotherapy, marital, and family therapy. Some also offer group therapy and sex therapy.

#### Legislation

Statutes: NH RSA 330-A:17

Administrative Rules: Chapter Mhp 100 - 500

## **Licensure Requirements**

- Baccalaureate degree from an accredited college and
- A Master of Divinity degree, or an equivalent, from a school of theology accredited by the Association of Theological Schools; and
- A Doctorate in pastoral psychotherapy

## **Regulatory Agency**

**New Hampshire Board of Mental Health Practice** 

Office of Professional Licensure and Certification

7 Eagle Square

Concord, New Hampshire 03301

phone (603) 271-2152

web <www.oplc.nh.gov/board-mental-health-practice>

contact Board Administrator

e-mail mentalhealth@oplc.nh.gov

- 7 Doctorate in pastoral psychotherapy
- Have been authorized by a denomination or faith group to exercise specific leadership and service on its behalf
- Have completed one unit of full-time clinical pastoral education or its equivalent
- Give evidence of serving at least three years as a clergy person, demonstrating growing maturity in one's identity and role as a professional religious leader
- Complete two years of not less than 1,500 hours per year of supervised experience in pastoral psychotherapy
- Of the 3,000 hours specified above, have performed at least 1,375 hours of clinical pastoral counseling while receiving at least 250 hours of interdisciplinary supervision
- Give evidence of having undergone sufficient theological and psychotherapeutic investigation of one's own intrapsychic and interpersonal processes
- Give evidence of:
  - 1. An understanding of the counseling or psychotherapeutic process
  - 2. An ability to develop the counseling or psychotherapeutic relationship
  - 3. An ability to perform a leadership role in the context of the religious community
  - 4. An ability to integrate one's professional role and personal identity
- Have attained the level of Fellow in the American Association of Pastoral Counselors or an equivalent organization
- Pass a satisfactory examination in pastoral counseling as set and defined by the Board
- New Hampshire residency is not required, but must be principally employed in New Hampshire
- Must complete a criminal background check

#### **Examination**

Written and oral examination required

# Pastoral Psychotherapist (continued)

## **Continuing Education**

Forty hours of continuing education credits are required every two years, plus 40 hours of collaboration every two years

#### Reciprocity

While the Board does not offer reciprocity licenses, a license can be obtained through "portability," or Fast Track Licensing, allowing someone licensed in another state for five or more years to obtain a license in New Hampshire.

#### **Active Licenses**

15

### **Related Training**

Clinical Pastoral Counseling/ Patient Counseling

#### Fees

50.00
35.00
70.00
57.50
00.00

#### O\*Net Codes

21-1013.00 Marriage and Family Therapists 21-2011.00 Clergy

## **Additional Information Sources**

Association for Clinical Pastoral Education <a href="https://www.theactionalliance.org">www.theactionalliance.org</a>

Association of Theological Schools <www.ats.edu>