

Unemployment Rate News Release Schedule – 2025

The following schedule lists the anticipated release dates of monthly New Hampshire state and local unemployment and labor force information for 2025, prepared by the New Hampshire Department of Employment Security’s Economic and Labor Market Information Bureau. These dates are subject to change. Please check this web site for any updates.

Month	U.S. Unemployment Rate & Labor Force Release (Friday)	NH Statewide Unemployment Rate & Labor Force Release (Tuesday)	NH Local Unemployment Rates & Labor Force Release (Thursday)
December 2024	1/10/25	1/22/25 (Wednesday)	1/30/25
January 2025	2/7/25	3/4/25	3/13/25
February	3/7/25	3/25/25	4/3/25
March	4/4/25	4/15/25	4/24/25
April	5/2/25	5/13/25	5/22/25
May	6/6/25	6/17/25	6/26/25
June	7/3/25 (Thursday)	7/15/25	7/24/25
July	8/1/25	8/12/25	8/21/25
August	9/5/25	9/16/25	9/25/25
September	10/3/25	10/15/25 (Wednesday)	10/23/25
October	11/7/25	11/18/25	11/26/25 (Wednesday)
November	12/5/25	12/16/25	12/24/25 (Wednesday)
December	1/9/26	1/21/26 (Wednesday)	1/29/26

The unemployment rate and labor force data for New Hampshire (statewide) are usually released on a Tuesday, typically the second or third Tuesday in a month, at 11:00 a.m. Local area unemployment rates and labor force numbers are released approximately nine days later, on the second Thursday following the statewide data release, at 8:30 a.m.

Due to annual state benchmarking activity, and coordination with the US Bureau of Labor Statistics and other New England states, the statewide unemployment rate and labor force data for January 2025 will be released on Tuesday, March 4, 2025. Other exceptions to the typical release dates are noted above to account for federal holidays.